



# REAL WORLD COACHING



## Leadership Training

### Learning Objectives

After participating your team should be able to:

- Understand what coaching is and when to use it
- Be fluent in all elements of the coaching conversation including listening, questioning, the art of language and messaging, and safely challenging your coachees
- Confidently employ and adapt elements of the Active Inquiry Coaching process across various scenarios

### Duration

1 day: 9am – 5pm

### Number of participants

Maximum participants is 20

### Who should attend

Anyone in a supervisory or management role will benefit immensely from this workshop.

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### About the Workshop

Coaching. Buzzword, and for most asked to use it, buzzkiller. Get it wrong and you've got a reputation as an insensitive jerk. Get it right and you're now expected to have the right approach every time or, you guessed it – you're an insensitive jerk who got lucky one time.

Truth is, the art of coaching is a relatively simple concept. It's just very tricky to consistently and successfully apply in the day-to-day – especially when it's just one of hundreds of responsibilities fighting for your leadership brain (and behavior) space. And is there really a workshop that can prepare you to help advance one person's career while also helping another address the fallout of their really inappropriate office party antics?

While no workshop can prepare you for all possibilities, Real World Coaching takes a super pragmatic approach to the skills and tools required for, yes, coaching in the 'real world'. From understanding the critical difference between messaging, challenging and acknowledging, to artfully using words and body language in the right way, through to focusing solely on the needs of your coachee (even if their behavior is making you nuts), and sensitively and productively dealing with those challenging and seemingly 'unfixable' situations that every leader finds themselves in once in a while – this workshop will arm you with the right stuff to win at the 'people' game.

One of Combustion's most experiential workshops, Real World Coaching uses iterative learning and behavior-changing exercises that let you practice your new skills in our safe environment and test different approaches to find the style that authentically works for you. By the time you head back out into the real world, you'll be a better leader, coach and maybe, just maybe, a better human.